



Regional Academic Affairs

TITLE: Meal Allowance

POLICY NUMBER: S-06

DEPARTMENT: Graduate Medical Education

Effective Date: 01/01

Revised: 06/24

Reviewed: 06/24

Date of next Review: 06/26

**POLICY:**

Programs, in partnership with the Sponsoring Institution (SI) must ensure healthy and safe learning and working environments that promote resident well-being and provide access to food while on duty (ACGME Institutional Requirement III.B.7.d).(1) and Common Program Requirements I.D.2.a). Each resident who has a schedule requiring them to remain at an educational site beyond the usual workday/night (i.e., more than 12 hours) should be provided meal money.

**PURPOSE:**

The Meal Allowance is intended to offer residents/fellows the flexibility to choose meal options that meet their needs, health goals and work locations.

**PROCEDURE:**

**Non-Military Employed Residents/Fellows**

Resident/Fellows annual compensation will include an additional \$2,000.00 paid out over 26 pays per year.

Residents employed by the SI will receive a Door Dash membership paid for by the SI.

**Military Employed Residents/Fellows**

For those residents employed by the United States Military, the resident will receive a \$1,800 allowance tied to their ID Badge for use only in the Mercy Health hospital cafeterias.

1. Allowances will be loaded within the first week of July.
2. The resident must specify "use Resident Allowance" to the cashier, otherwise it will be entered as payroll deduction.
3. Allowances will not carry over at the end of the academic year.
4. The Meal Allowances are for residents' personal use and are not to be used for someone who might be accompanying the resident.
- 5.

In addition, members will receive a Door Dash membership paid for by the SI.

Approved by:

A handwritten signature in black ink, appearing to read "Randall Schlievert".

Randall Schlievert, MD

VP, Academic Affairs and Research, Mercy Health - Toledo  
DIO, Mercy Health - St. Vincent Medical Center